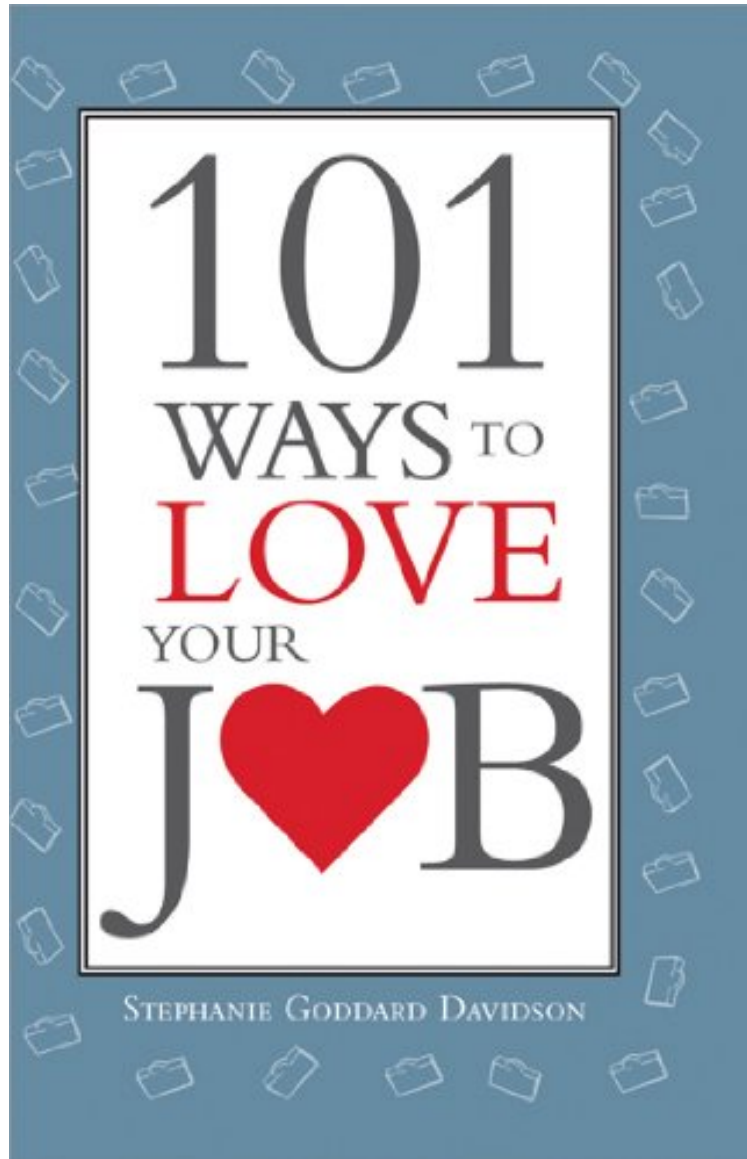


(Free and download) 101 Ways to Love Your Job

101 Ways to Love Your Job

Stephanie Goddard Davidson
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Stephanie Goddard Davidson : 101 Ways to Love Your Job before purchasing it in order to gage whether or not it would be worth my time, and all praised 101 Ways to Love Your Job:

0 of 0 people found the following review helpful. A Comprehensive, Encouraging and Wise Little Gem of a Book!By M. HayesI found this book an easy guide to help in healing what ails you in the work place. Just about everything in the brief, yet succinct chapters of this book can be applied to improving interpersonal skills in other areas of your life. This knowledgeable author has "left no stone unturned" with her offerings in this book and her voice is real, practical

and humorous. There is truly something for everyone at every turn of the page. Great quotes and situations that you can imagine and relate to easily. This book personally continues to be a great reference for me in times of need and I keep it close at hand at work and at home and wouldn't hesitate to recommend it to my co-workers, bosses, friends and family. This little dynamo of a book would make a great stocking stuffer, it's so tiny and cute!

10 of 0 people found the following review helpful. A great pick-me-up and gift for others

By J. Whyte This little book is full of not just inspiration, but insight into what you may not even be aware of how you are sabotaging yourself on days you feel like you are just in the wrong job or want to quit. You can just pick it up and open to a page...and walla'...there is the perfect insight you needed to get you through the day. Stephanie has not only depth but humor and insight into what we all do to ourselves and this book can help bring you out of those little dark places we sometimes find ourselves in. It is also a thoughtful gift for someone you know who may be having a difficult time at their own job! I highly recommend it.

0 of 0 people found the following review helpful. Rediscover your motivation!

By Anonymous This is an inspirational yet practical guide to discovering (or remembering) why you love your job. The book is laid out in an easy-to-read format, and Stephanie has a straightforward, humorous, relatable writing voice. The advice, tips, and techniques are appropriate and applicable to most any industry.

101 Ways to Love Your Job would be perfect for a college grad just figuring out the workplace, or for a seasoned veteran who needs a pick-me-up. We all want to feel that we make a difference with what we do from Monday to Friday - this book will help you refocus and get the most out of your career!

More Joy in Your Job! People expect more out of their work now - not just a steady paycheck, but satisfaction and an opportunity to make a difference with others. Stephanie Goddard Davidson, author of *101 Ways to Have a Great Day at Work* now shows you how to take your job and love it! Easy to read and even easier to use, this power-packed little book will help you transform your work experience: Techniques for career enjoyment through improving your skills and changing your perceptions How what you wear can affect your internal motivation and shift your point of view to promote career happiness Breakthrough techniques for doing your best work Coaching yourself into a meaningful career Developing your best work in only minutes a day Surpassing expectations - your bosses' and your own People skills and self-management In her signature easy-to-read and easy-to-use style, Stephanie Davidson has written another book that will transform the workplace. **PRAISE FOR 101 WAYS TO HAVE A GREAT DAY AT WORK** "A collection of simple yet powerful ideas to turn every workday into a great workday." Jeff Anderson, Vice President of Product Management, Franklin Covey "What a difference this book has made in my day-to-day productivity and stress levels." Tricia Mathes, Vice President, NPS Staffing

About the Author Stephanie Goddard Davidson (Raleigh, NC) is an expert in workplace communications and specializes in leadership and interpersonal skills training for companies such as MCI/Verizon, BellSouth, Nextel, and Rollins Protective Services. She frequently appears as a guest on radio programs and has published numerous articles. She lives in Raleigh, North Carolina.

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Excerpt from Section 1: Personal Mastery in the Workplace

Whatever you are, be a good one

Jobs are more than just paychecks. They are social arenas, spiritual workshops, developmental playgrounds, group therapy, and one of the best tools for learning about ourselves. Anyone who has ever been fired from a job can tell you that this significant stressor was one of the best learning experiences of his life (albeit a painful one). Perhaps more importantly, when we are unhappy at work, we are unhappy at home, too. And when we love our work, we spread that feeling around when we aren't at work. People can't separate the two most important facets of the human existence: work and love. When one is suffering, the other suffers. You're at work eight hours a day (minimum). You are doing it for a paycheck, sure, but that won't keep you particularly productive or satisfied. What you need to keep you energized, stress-free, motivated, happy, and loyal is more than just your paycheck. Then what is the key to staying motivated day after day? If you aren't sure if your life work is to make other's lives at least easier, then you are going to hit a wall at some point. In short, to make your work meaningful, you must see it through the eyes of working for the benefit of others. Much like volunteer work, except in this case you get paid. For instance, I hope that what I do in my training classes makes a difference by the time my participants leave. My private goal is to ensure that they feel equipped to head back to work with a better understanding of how people tick, what ticks people off, and how to get results from themselves and others. Then, when applying these new skills back at their workplaces, this new way is modeled for customers, citizens, and even their families through example. Pipe dream? Maybe. But it sure keeps me from hitting the snooze button nine times every morning.