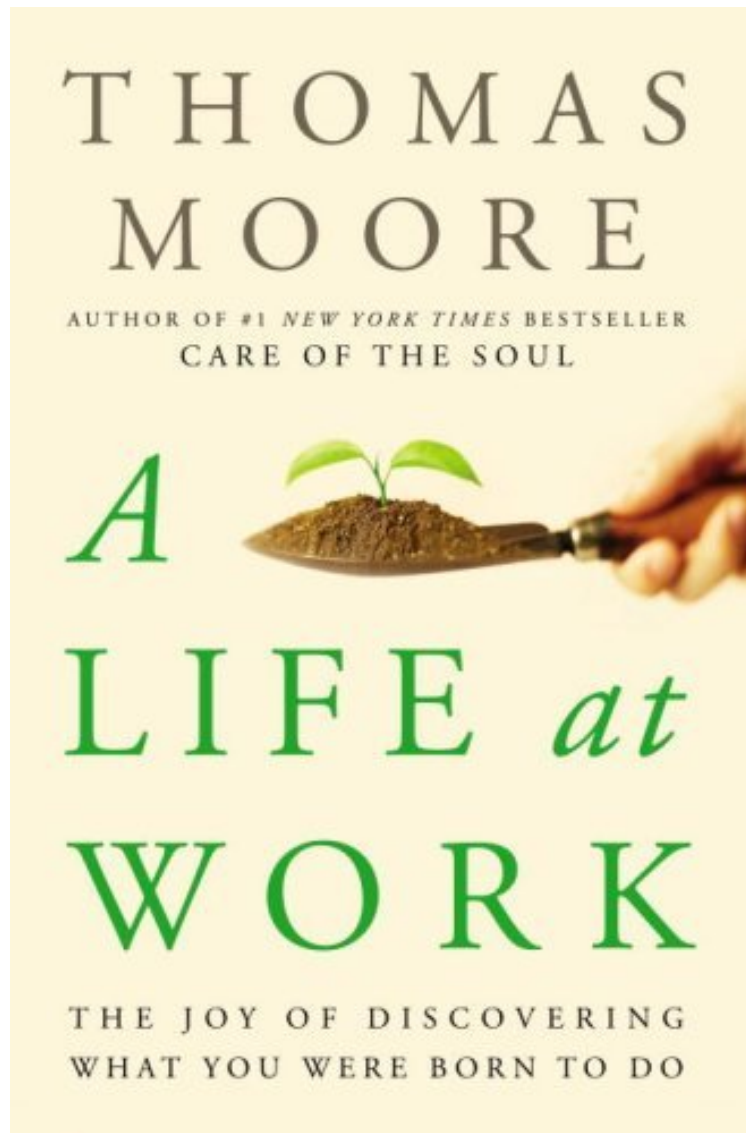


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A Life at Work: The Joy of Discovering What You Were Born to Do

Thomas Moore

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Thomas Moore : A Life at Work: The Joy of Discovering What You Were Born to Do before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Life at Work: The Joy of Discovering What You Were Born to Do:

1 of 1 people found the following review helpful. Great path for those who are still wanderingBy Heather Hamell think this book is most helpful to those who are thinking of changing their life paths but haven't decided which one yet. I already had, so the benefits were minimal, but passed the book along to a 'wanderer'. Hopefully they will discover what they are meant to do. Well written and enjoyable! I will read more by Thomas Moore!0 of 0 people found the following review helpful. I loved it and bought it for all my grandchildrenBy Dr. Joyce R. SchomerA lovely

exploration of the meaning of work in one's life and the paths to finding one's calling. I loved it and bought it for all my grandchildren, 0 of 0 people found the following review helpful. Thank you for sharing your wisdom! By Mary Mathis This book saved my life/career. I was spiraling into an abyss of misery and thinking my work stood for little until I read this book. Thank you, dear Thomas Moore.

A job is never just a job. It is always connected to a deep and invisible process of finding meaning in life through work. In Thomas Moore's groundbreaking book *Care of the Soul*, he wrote of "the great malady of the twentieth century...the loss of soul." That bestselling work taught readers ways to cultivate depth, genuineness, and soulfulness in their everyday lives, and became a beloved classic. Now, in *A Life's Work*, Moore turns to an aspect of our lives that looms large in our self-regard, an aspect by which we may even define ourselves—our work. The workplace, Moore knows, is a laboratory where matters of soul are worked out. *A Life's Work* is about finding the right job, yes, and it is also about uncovering and becoming the person you were meant to be. Moore reveals the quest to find a life's work in all its depth and mystery. All jobs, large and small, long-term and temporary, he writes, contribute to your life's work. A particular job may be important because of the emotional rewards it offers or for the money. But beneath the surface, your labors are shaping your destiny for better or worse. If you ignore the deeper issues, you may not know the nature of your calling, and if you don't do work that connects with your deep soul, you may always be dissatisfied, not only in your choice of work but in all other areas of life. Moore explores the often difficult process—the obstacles, blocks, and hardships of our own making—that we go through on our way to discovering our purpose, and reveals the joy that is our reward. He teaches us patience, models the necessary powers of reflection, and gives us the courage to keep going. *A Life's Work* is a beautiful rumination, realistic and poignant, and a comforting and exhilarating guide to one of life's biggest dilemmas and one of its greatest opportunities.

From Publishers Weekly In this slender volume, bestselling spiritual guru Moore (*Care of the Soul*) says that finding the right work, finding one's vocation, is also part of the care of the soul. Often Moore proves astute; for instance, he urges people to think about having not just one but a variety of callings. His consideration of the pleasures and foibles of friendship in the workplace is especially insightful. Although confident that even the most mundane job can be enjoyable and life-giving, Moore sets the question of vocation in a broader frame, suggesting that it is best addressed as a part of fashioning lives that are organically whole and meaningful. Though still influenced by Jung, Moore draws inspiration from a delightful array of sources, including Yeats, Socrates, and Rapunzel. The book's governing metaphor, alchemy, is often apt; Moore notes that both alchemy and finding a life's work require patience through a long refining process, and both are about the process, not just the end result. Often the comparison works; at other times, it's heavy-handed, and Moore also lapses into cliché (take the past and own it). Nonetheless, this will be of use to many people who seek joyful work and integrated lives. (Feb. 26) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. Praise for *A Life's Work* "Over the years, Thomas Moore has taught us how to discover the holiness concealed in the ordinary. In this very useful book, he shows us how to search for the sacred dimension of our work and find our life's meaning in the process." —HAROLD KUSHNER, author of *WHEN BAD THINGS HAPPEN TO GOOD PEOPLE* "Forget about the color of your parachute, here is a book that teaches you how to fly. Through ancient parable, contemporary therapy, personal vignette, and, above all, an uncommon sapience, Moore deftly guides through life's greatest quandary: Why have I been created? Give this book to yourself." —Rabbi Lawrence Kushner, author of *Kabbalah: A Love Story* "And Praise for *Care of the Soul* "I've been jolted by an extraordinary book that stops my world. It forces me to look at reality in a different way—a more expansive and meaningful way. It has provided a missing piece for me." —John Bradshaw, author of *Homecoming* "The sincerity, intelligence, and style—so beautifully clean—of Tom Moore's *Care of the Soul* truly moved me. The book's got strength and class and soul, and I suspect may last longer than psychology itself." —James Hillman, author of *Re-Visioning Psychology* "The book just may help you give up the futile quest for salvation and get down to the possible task of taking care of your soul. A modest, and therefore marvelous, book about the life of the spirit." —Sam Keen, author of *Fire in the Belly* "Thoughtful, eloquent, inspiring." —Alix Madrigal, *San Francisco Chronicle* About the Author THOMAS MOORE is the author of more than ten books, including *Care of the Soul*, which spent forty-six weeks on the best-seller list. He is a leading writer and lecturer throughout North America and Europe on archetypal psychology, mythology, and imagination. He lived as a Catholic monk for twelve years and earned degrees in theology, musicology, and philosophy.