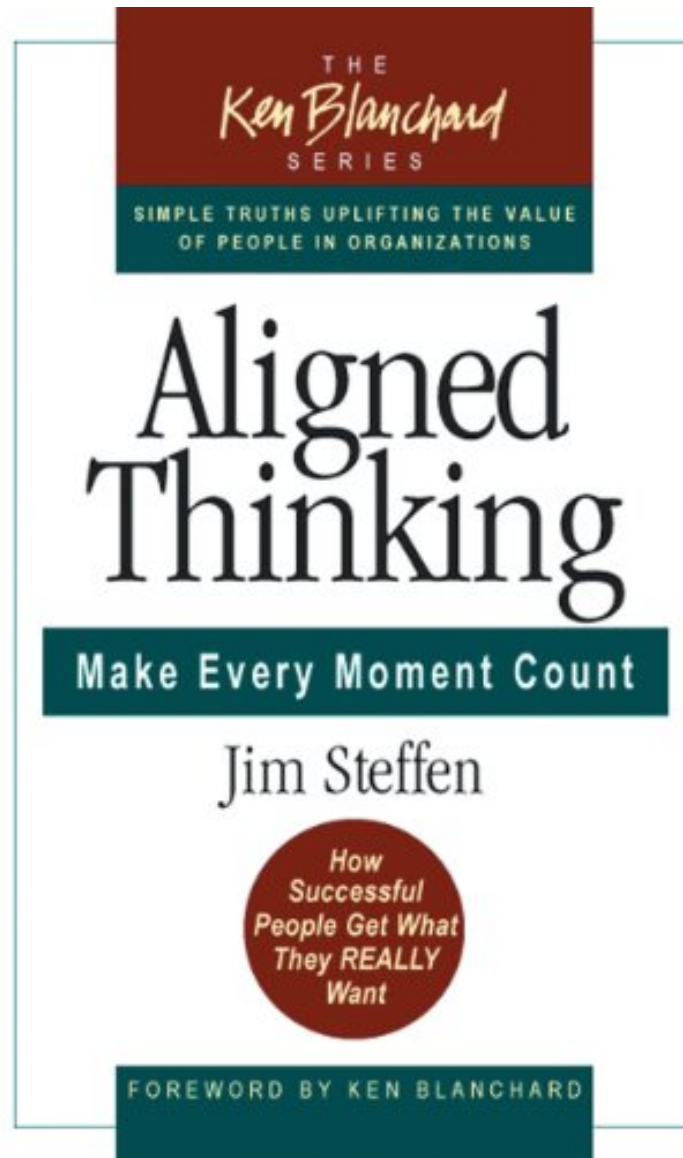


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Aligned Thinking: Make Every Moment Count (Blanchard, Ken)

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start?" I was a little put off that it was a sort of progress report on a couple or married people, but it shows their frame of mind why they felt/did what they did. I will re-read this many times in the future to re-affirm what I learned.0 of 0 people found the following review helpful. Principles we know but sometimes forgetBy D. Wayne ThompsonWhile most of the information in this book is common sense, we all at times can use a reminder. The basics of "what's important now", "life balance", and "staying focused" are things that we often forget when dealing with everyday problems. Written in the story-telling method of the One-Minute Manager this book serves to remind us to slow down and focus our lives if we want to improve our quality of life.

Too much to do! I never get anything done! I have so little control over my life!These were thoughts Ray had as he headed home later for supper, confident his wife, Carol, would be sympathetic to his problem.One sentence into unloading his problems on her, he heard, "Too much to do? Tell me about it!" Her problems were as big as or even bigger than his.When they went to a friend for help, they discovered more than hope, "That sounds like us several years ago. But Coach Eric's Aligned Thinking not only solved those problems, it helped us to do what most people believe impossible: align every action to what we really want.With mild hope and huge skepticism, Ray and Carol visited Coach Eric and gave him a description of their ideal professional and personal life. Coach Eric assured them that Aligned Thinking could help them enjoy each item on their list. However, when he asked them to add to their list "make every moment count so life becomes a celebration," Ray and Carol became even more skeptical.Join Ray and Carol as they discover the proven power of Aligned Thinking.