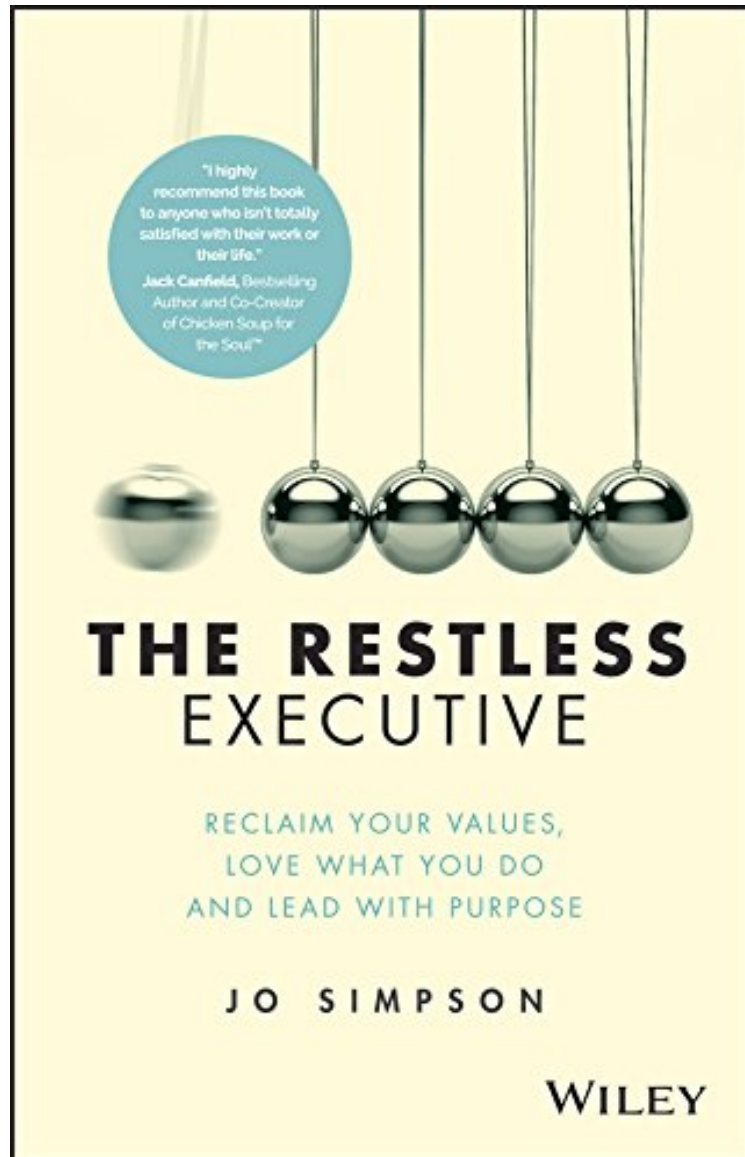


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## The Restless Executive: Reclaim your values, love what you do and lead with purpose

Jo Simpson

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**Jo Simpson : The Restless Executive: Reclaim your values, love what you do and lead with purpose** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Restless Executive: Reclaim your values, love what you do and lead with purpose:

1 of 1 people found the following review helpful. A great book on coaching By Professor M.S.Rao, International Leadership Guru and Author of 36 Books on Leadership This book lays emphasis on work-life balance and improves

your leadership behavior and effectiveness. It is written in a conversational tone and easy to apply in real life. It is packed with full of practical tools, tips and techniques. It helps you transform the way you live and lead as you develop deeper levels of engagement, motivation and trust. Recommended reading this book!

A major shift is stirring in the corporate world today. Leaders at all levels are feeling a sense of restlessness, with many questioning the value of what they do and why they do it. Intuitively they already know there is a different way to operate - to show up, honour their values, build trust and positively influence others; and now finally here is a road map that shows them how, from the inside out! *The Restless Executive* is a modern fable from an author with over 25 years corporate experience, which includes coaching top international business leaders. This story reveals how aligning personal values with leadership style can transform performance and job satisfaction, and cure the restlessness so many of today's professionals are experiencing. Are you leading aligned to your values? Or are you restless in a role where you're overworked, frustrated and pulled in all directions? *The Restless Executive* offers an alternative to being conditioned by your external environment and invites you to discover your own personal values, to lead with energy and purpose and to transform your working life and that of those around you. Packed full of practical tools, tips and techniques Practical guide which shows you how to explore your own restlessness and discover the gifts it holds Transform the way you live and lead as you develop deeper levels of engagement, motivation and trust

"An excellent book, worthy of space on your bookshelf or Kindle. It is a good read, informative and packed with resources" (HR magazine, November 2015) From the Inside Flap "William tossed and turned as questions kept reappearing in his mind. Why didn't he enjoy his job anymore or get satisfaction from climbing the career ladder? Work used to be a pleasure, but right now there seemed to be more changes, demands and pressures than ever before. He didn't feel 'right' inside and couldn't put his finger on why." William Cleverley has worked his way to the top with ambition and enthusiasm, but is now restless and losing sight of who he is. However, it's this sense of restlessness that gives him the energy to begin his journey of transformation. *The Restless Executive* speaks to a growing challenge faced by today's leaders - how to overcome feelings of unrest and frustration and lead, once again, with purpose. Through reflective questions and practical advice, you'll learn the power of staying true to yourself in every area of life. DISCOVER HOW TO: Define and prioritize your core values and ignite them personally and professionally Engage in courageous conversations about what's truly important, inspiring others to commit to a more meaningful vision Develop aligned goals and intentions that will make a lasting impact on you and your organization Let go of old habits and patterns and embrace a more empowered and authentic style of leading. From the Back Cover EMBRACE YOUR RESTLESSNESS TO CREATE POWERFUL POSITIVE CHANGE "Read this book to link your daily life to your values - you'll find yourself re-energized and content at the same time!" - Marshall Goldsmith, Thinkers 50 Top Ten Global Business Thinker "This fast-moving book puts you in touch with the most important qualities of leaders: they know who they are, what they believe, and they don't compromise." - Brian Tracy, Bestselling Author of *Eat That Frog!* and *How the Best Leaders Lead* "The Restless Executive provides much needed guidance on how to lead organizations in the new democratic age at work. Jo offers a blueprint on how to lead with purpose and from the heart. This is much needed for all leaders today." - Miranda Ash, Chief Community Evangelist, WorldBlu "It's true that you will read this book and recognize yourself in the story if you have ever questioned the way you operate. Jo captures the essence of what it really means to live and lead from your core values and how that will truly transform the impact of your leadership, whilst enriching the experience of those around you." - Jeremy Bevan, Vice President, EMEA Marketing, Cisco "The Restless Executive is an important book for leaders questioning their path. The practical tools and tips support you to work in a way that's more in line with your values. This creates the powerful and positive intervention which is the missing piece many leaders are seeking." - Helen Tupper, Head of Consumer, Virgin Management "Jo is an incredible coach whom I would (and indeed have done so) recommend without hesitation to anyone that would benefit from a personal transformation. She's clearly passionate about helping others achieve their full potential. *The Restless Executive* serves as a highly valuable extension of her incredible work." - Paul Callaghan, FCA, Partner, Audit, KPMG