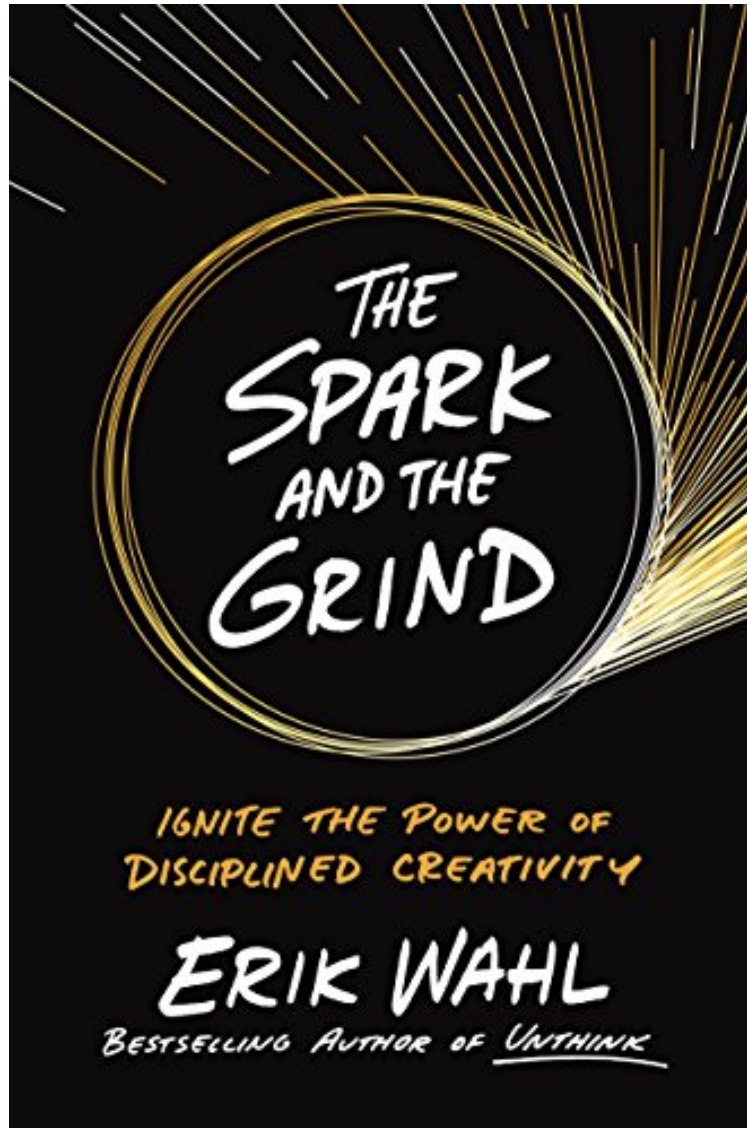


[Free pdf] The Spark and the Grind: Ignite the Power of Disciplined Creativity

The Spark and the Grind: Ignite the Power of Disciplined Creativity

Erik Wahl

*ebooks | Download PDF | *ePub | DOC | audiobook*



[Download](#)

[Read Online](#)

#238527 in eBooks 2017-03-07 2017-03-07 File Name: B01IOHQ7ZM | File size: 31.Mb

Erik Wahl : The Spark and the Grind: Ignite the Power of Disciplined Creativity before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Spark and the Grind: Ignite the Power of Disciplined Creativity:

8 of 8 people found the following review helpful. Are you a Dreamer and Doer?By Jennifer CauzzaI've been following Erik Wahl's work and words for a few years now. His message has now become a way of life for me as it aligns with my core values and beliefs. I am reading this book during a complex time in my life and his message is simple: trust the process, attach yourself to the work, keep your day job while making transitions, embrace routine, stay foolish, and most of all~ fall in love. I could relate to the majority of his examples where he blends facts from the

past to get his point across, and many of his quotes hit home. This is one of those books you will want to read with a pen in hand to highlight the inspirational points to go back and reflect on. In other words, take time to grind out your sparks! Success doesn't come without taking risks and putting in hours of hard work. As a leader, I plan to share his thoughts with my staff and colleagues because we are a tribe of dreamers and doers~ and the world needs a little more of that!

4 of 4 people found the following review helpful. This book had me grinding!

By Jesus II love this book! I had the opportunity to see Erik speak at our annual company meeting. His performance was wonderful and since then I've kept up with what he's been doing. His first book was great but this book takes it to the next level. If you're struggling to find passion or just stuck this book can help. It definitely helped put some issues I've been having into perspective and really focuses on not just flashes of creative thoughts (the spark) but also hard work and determination (the grind). It was a quick and easy read with easy take aways to begin living a life of innovative work. I'm not saying it'll be easy to do, but he makes it easy to understand what you NEED to do. Thank you for the great read Erik! Make sure to follow him on Instagram, twitter, and linked in!

2 of 2 people found the following review helpful. MUST READ.....GOT MY SPARK AND GRIND !

By DiAnne Craig I have followed Erik Wahl since I met him at a convention in 2014! WOW! Reading this new book The Spark and Grind has once again helped to re-examine and unlock beliefs I have stored away for far too long. This book comes at the perfect time in my life when I need both the #Spark and #Grind to reignite my passion. It is clear to me the spark can happen, and it is up to me to continue to fan the flame to drive my passion! This is a MUST read for anyone....life lessons, challenging belief systems which may have locked down passion and creativity! Unleash the power, live life at 100%.....the time is NOW!

We've been conditioned to think about creative genius as a dichotomy: dreamers versus doers, creativity versus discipline, the spark versus the grind. But what if we're wrong? What if it's the spark and the grind? We love people whose creative genius arrives in sudden sparks of inspiration. Think of Archimedes in his bathtub or Newton under his apple tree. But we also admire people who work incredibly hard and long for their creative breakthroughs. Think of Edison in his lab, grinding through hundreds of failed variations on the lightbulb. We remember his words in tough times: "Genius is 1 percent inspiration, 99 percent perspiration." Now Erik Wahl, a visual artist, speaker, and entrepreneur, helps us unite the yin and yang of creativity; the dynamic new ideas with the dogged effort. He shows why we won't get far if we rely on the spark without the grind, or the grind without the spark. What the world really needs are the creators who can hold the two in balance. Fortunately, it's possible to get good at both, as Wahl knows from experience. After his corporate career suddenly ended, he pursued a spark; to paint photorealistic portraits; and ground it out until he got good enough to make very good art very quickly. That's the basis of his riveting live shows, which have captivated skeptical audiences who never expected to be inspired by art; and taught them to embrace creativity in a whole new way. This book offers surprising insights and practical advice about how to fan the sparks and make the grind more productive. Wahl deftly synthesizes the wisdom of other artists, philosophers, scientists, and business visionaries throughout history, along with his own views. Here's how he sums up his approach: The world needs people who enjoy swimming in ideas until they discover a great one. The world also needs doers who have a gift for activation, a.k.a. "getting s*** done." But the most potent individual creators in any industry or environment have learned how to be both. They've learned how to spark their grind and they've learned how to grind their sparks. As a result, they not only make things happen, they make great things. If you want to ensure constant creativity in your life and produce your most innovative work; this is your guide.