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Your Best Just Got Better: Work Smarter, Think Bigger, Make More

Jason W. Womack

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Jason W. Womack : Your Best Just Got Better: Work Smarter, Think Bigger, Make More before purchasing it in order to gauge whether or not it would be worth my time, and all praised Your Best Just Got Better: Work Smarter, Think Bigger, Make More:

1 of 1 people found the following review helpful. Hold Your Decisions Up to a Higher Criteria By andrew cohen Rarely do I pick up a book and within the first few pages feel like I have already gotten my money's worth. "Just Got Better" is an one of those rare reads. Within the first 10 pages I was already bubbling with ideas based on

Womack's simple, yet powerful concept. Our past is a result of a cumulation of number of decisions that we controlled. Thus our future can be determined by the new decisions we choose to accept and follow. The key is to be more selective over those decisions you make and no longer for settle for those that move us just an inch forward. Rather hold your decisions up to a higher criteria; those which are going to make your life and the life of your loved ones "better". The cumulative effect is incredibly powerful and Womack lays it out nicely in this thought provoking and tool packed book. Enjoy the read.11 of 11 people found the following review helpful. Wonderful read...benefits for Personal Professional Life!By Darrin JohnsonYour Best Just Got Better is an incredible book with incredible insights on how to use your time more effectively, and how to change your behaviors to work smarter and think bigger. I shared this book with my 20 year old daughter who is a junior in college. She was experiencing the natural anxiety of "what do I want to do with my life", and "am I picking the right major to get to where I want to go?". The practical insights found in Jason's book regarding the Most Important Things and our Ideal Day were invaluable to her as she regained clarity and confidence in the direction she's headed...and how better use of her time and making small behavior changes will make all the difference. A must read for everyone who wants to be Better at any aspect of their life.1 of 1 people found the following review helpful. Amazing, Inspiring, Engaging, Passionate, Influential, Freeing, Life-Changing!By steven t leapleyI met Jason about 3 months before his book hit the shelves. I have counted myself lucky enough to get to know him professionally and personally and have thought that to be a privilege... to get his ear in a one-on-one environment. I have read his emails, received coaching from him, been in the same social settings that have moved careers forward, yet just recently purchased his book (he's been telling me to for 3 years now). The truth of the matter is that what I could not receive on a daily basis, I now have. YBJGB is, for me, a quintessential book on how to go that extra step, to accomplish more, to gain time for what really matters in life. What Jason has given the world, is more than just some clear, simple, yet effective ways and means to become better and move ourselves forward, he has provided a glimpse into his life, his life's work, and his desire to see others grow. I can't wait to buy more and give them as gifts to my colleagues. Woven into each page is the theme of giving of time, tools, and talent to make others better, by taking your best and making it better. Look for two words when reading this book, the two words that will change everything for you, your business, your family, and your life; the words "so that...."

Imagine if your best just got better every single day In Your Best Just Got Better, productivity expert Jason Womack teaches readers that working longer hours doesn't make up for a flawed approach to productivity and performance. Workers need to clarify their habits, build mindset-based strategies, and be proactive. Womack's signature "workplace performance" techniques offer specific strategies to consistently and incrementally improve performance. Readers will: Understand the fundamentals of workflow and the principles of human performance Arm themselves with the tools and the processes to get more of their work done, on time, with fewer resources, and with less stress Making your best better won't happen overnight, but learning how to effectively manage just a few critical success factors lead to an effective workday and an overall successful professional career.