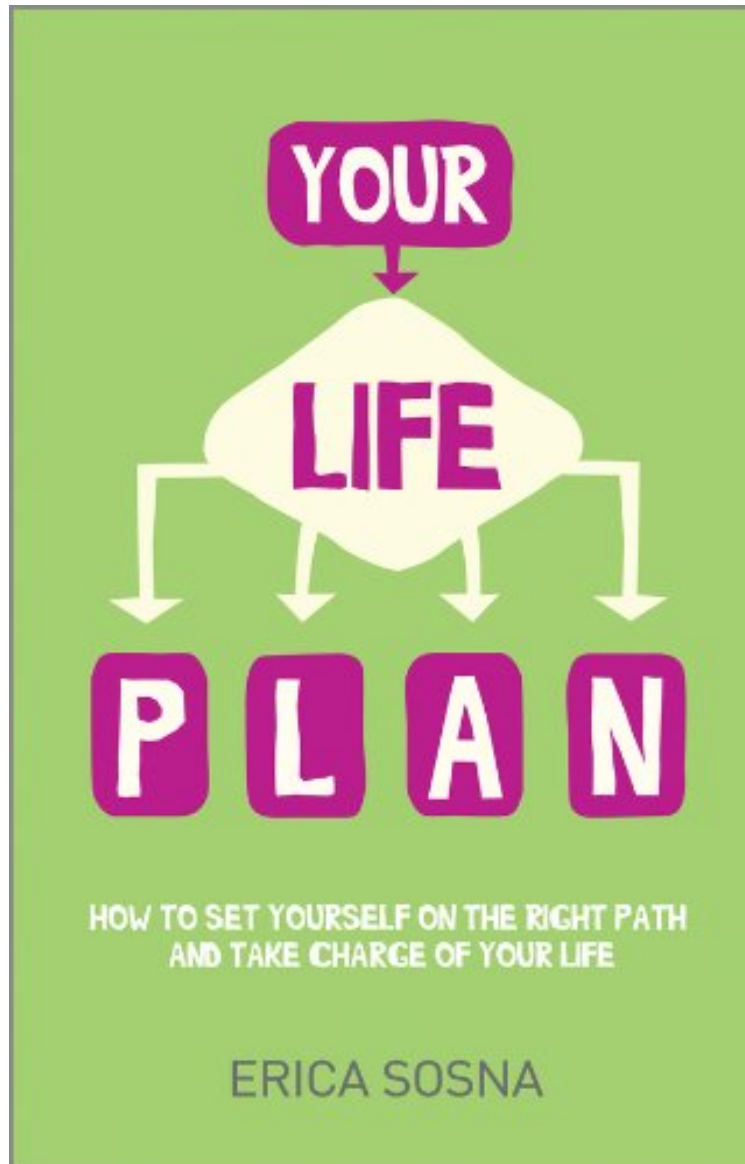


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Your Life Plan: How to set yourself on the right path and take charge of your life

Erica Sosna

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read for anyone trying to figure out their life. By ABSI was at the library and this book jumped out to me, call me by name and said "hey! hey you! yes you sexy guy come here and read me!" Since I never heard a talking book before I decided to read it and I am glad I did. It has incredible insight, knowledge, and tools to help you not only discover your life calling, talents, but also helps you examine your life in depth and help you remove and clean up some major things that have held you back. A must read for anyone. I don't care who you are. In fact I really wish this was mandatory for every school. If I was given this book back at school instead of the 99% of the bs they teach us I swear.... Erica you have my gratitude for following YOUR calling and writing this book that is helping people like me.

Meet the challenges of life and master your future; Do you ever feel like you're just floating through life with a lack of direction? Or get that nagging feeling that things could be better? Then it's time you thought about your life plan. Our lives can be thought of as stories; as narratives and adventures; and nearly all classic stories share certain universal characteristics. Our lives should be seen as a hero's journey, a quest filled with challenges, turbulence and adventure. By appreciating this pattern, and understanding where you are on your own personal journey, you'll get the perspective needed to write your own life story and set yourself on the right path. Be the hero of your own life In Your Life Plan, Erica Sosna shows you how to choose and live a life that is truly meaningful, exciting and adventurous. Having a life project; a dream or goal that feels like a real challenge, can give you focus, energy and purpose. This book offers practical solutions and guidance for dealing with difficult personal challenges and becoming the victorious hero who achieves happiness and fulfilment. Go. Stand for something. Take up the charge and move into a purposeful and positive future.

if you want to create a life you will love then look to new book Your Life Plan by Erica Sosna (Wiley). It is a fun and helpful support as you take even the smallest steps. (Daily Express, March 2014) From the Back Cover Meet the challenges of life and master your future Do you ever feel like you're just floating through life with a lack of direction? Or get that nagging feeling that things could be better? Then it's time you thought about your life plan. Our lives can be thought of as stories; as narratives and adventures; and nearly all classic stories share certain universal characteristics. Our lives should be seen as a hero's journey, a quest filled with challenges, turbulence and adventure. By appreciating this pattern, and understanding where you are on your own personal journey, you'll get the perspective needed to write your own life story and set yourself on the right path. Be the hero of your own life In Your Life Plan, Erica Sosna shows you how to choose and live a life that is truly meaningful, exciting and adventurous. Having a life project; a dream or goal that feels like a real challenge, can give you focus, energy and purpose. This book offers practical solutions and guidance for dealing with difficult personal challenges and becoming the victorious hero who achieves happiness and fulfilment. Go. Stand for something. Take up the charge and move into a purposeful and positive future.